

Vanderbilt University Hospital - Donation Wish List

We can use donations in various ways throughout the hospital, including distraction activities for inpatients, snacks or toiletries for waiting family members, laundry detergent for use in our waiting areas that have washers and dryers, appreciation gifts for frontline staff, and much more.

Email volunteer.services@vumc.org to coordinate a donation.

Food

Note: Acceptable food donations include nonperishable, individually packaged items that do not require refrigeration.

Granola bars Cookies

Teddy Grahams Goldfish crackers

Mixed nuts
Pop Tarts
Pretzels
Raisins
Fruit snacks
Saltine crackers

Snack crackers (peanut butter, cheese)

Snack-size chips

Trail mix
Candy
Candy bars

Individually wrapped mints

Drinks

Bottled water Fruit drinks Juice boxes

Toiletries - travel and trial size preferred

Hand sanitizer Antibacterial wipes

Deodorant
Toothpaste
Toothbrushes
Dental floss
Mouthwash
Shaving cream
Disposable razors

Laundry detergent and dryer sheets Reading glasses (dollar store brands are

fine)

Activities

Playing cards Card games

Crossword puzzles

Coloring books, for adults and children

Children's activity books

Crayons

Word search games

Sudoku

Magazines - current, within six months

Gently used paperback books